



Upasana Pancholi

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Objective

Neuropsychologist

- Contributing to the supervision of psychological therapy provided by other psychologists, including trainee, and assistant psychologists; working autonomously within professional guidelines and exercising responsibility for psychological practice within a current caseload
- Skilled in supporting and educating families in covid care and ongoing care; utilizing research skills for audit, policy, service development and clinical research; implementing policy changes within the neuropsychology service and the wider organization
- Proven track record of expertise in the area of neuropsychology at the current area of work; experience of working as a psychologist in Psychiatry and rehabilitation or within another clinical area; demonstrating transferable knowledge, expertise and competencies relevant to neuropsychology and clinical rehabilitation
- Well-developed skills in the ability to communicate effectively, orally and in writing, highly technical and clinically sensitive information to patients, families and other professional colleagues; ability to provide and/or identify appropriate support to caregivers and staff managing individuals with complex cognitive behavioral deficits
- Adept in evaluating the patient's physical and medical condition as a result of substance abuse; creating the revitalization plans for patients and assisted them in adhering with the plan objectives

Work experience

Moolchand Medicity

2016 – 2017

Trainee Psychologist

- Participation on Triage Team and conduction of brief assessments with students who walk in.
- Conduction of intake interviews with students who requested counseling services and completed the required clinical documentation.
- Provided individual and group counseling to students on a scheduled basis or through crisis intervention.
- Maintained up-to-date clinical documentation.
- Consulted with supervisors and staff as needed.
- Worked as a liaison between client and campus or community resources as needed.
- Attended training seminars, staff meetings and supervision on a weekly basis and in a prompt manner.
- Represented the department and division at public relations events as requested.
- Interacted with staff and students in a professional and ethical manner.
- Committed to a full-time, 40 hour per week internship.
- Participated in supervision and training with openness to learning and receiving feedback.
- Utilized psycho diagnostic assessment procedures and psychometric methods to facilitate psychotherapy as needed.

Fortis Escorts, Okhla

2016 – 2017

Trainee Psychologist

- Participation on Triage Team and conduction of brief assessments with students who walk in.
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Swashrit Society (NGO)

2016 – 2017

Psychologist

- Involved in diagnosing, handling, counseling, and providing support to patients who are going through emotional, intra-and inter-personal, and psychological struggles
- Diagnosed patients with Psychological problems through observation, tests, surveys and interviews
- Treated clients with Psychological disorders
- Attended to patients on an outpatient basis
- Attended to hospital employees in need of Psychological help
- counseled relatives of patients with emotional problems
- Referred patients to Psychiatrists and other physicians as needed
- counseled patient's and medical employees who suffer from Psychological conditions
- Educated patients and medical employees regarding the treatment and recovery from their illnesses
- Created treatment and recovery programs for substance abuse patients
- Promoted healthy strategies for immediate recuperation
- Followed up with patients who underwent counseling sessions

Hcr Psychiatry and De-addiction Center, Bijwasan

2017 – 2018

Psychologist

- Involved in diagnosing, handling, counseling, and providing support to patients who are going through emotional, intra-and inter-personal, and psychological struggles
- Diagnosed patients with Psychological problems through observation, tests, surveys and interviews

- Treated clients with Psychological disorders
- Attended to patients on an outpatient basis
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- Followed up with patients who underwent counseling sessions

Muskaan Foundation

2018 – 2019

Psychologist

- Participation on Triage Team and conduction of brief assessments with students who walk in.
- Conducted intake interviews with students who request counseling services and completes the required clinical documentation via electronic recordkeeping system.
- Provided individual and group counseling to students on a scheduled basis or through crisis intervention.
- Provided clinical supervision to a practicum student and maintained supervision notes.
- Provided outreach workshops and lectures to campus community.
- Maintained up-to-date clinical documentation via electronic recordkeeping system.
- Consulted with supervisors and staff as needed.
- Acted as a liaison between client and campus or community resources as needed.
- Provided consultation to staff, faculty, and parents seeking assistance with troubled students or those with serious mental health issues.
- Attended training seminars, staff meetings and supervision on a weekly basis and in a prompt manner.
- Represented the department and division at public relations events as requested.
- Interacted with staff and students in a professional and ethical manner.
- Committed to a full-time, 40 hour per week internship.
- Participated in supervision and training with openness to learning and receiving feedback.
- Utilized psycho diagnostic assessment procedures and psychometric methods to facilitate psychotherapy as needed.

Kailash Hospital, Noida

2018 – 2019

Psychologist

- Involved in diagnosing, handling, counseling, and providing support to patients who are going through emotional, intra-and inter-personal, and psychological struggles
- Diagnosed patients with Psychological problems through observation, tests, surveys and interviews
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Dr Arora's Clinic, Green Park

Psychologist

November, 2019 – June, 2020

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- Diagnosed patients with Psychological problems through observation, tests, surveys and interviews
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- Followed up with patients who underwent counseling sessions

Iskcon Covid Care Center

Clinical Neuropsychologist

May, 2021 – August, 2021

- Write or prepare detailed clinical neuropsychological reports using data from psychological or neuropsychological tests, self-report measures, rating scales, direct observations, or interviews
- Provide psychotherapy, behavior therapy, or other counseling interventions to patients with neurological disorders
- Provide education or counseling to individuals families
- Participate in educational programs, in-service training, or workshops to remain current in methods techniques Read current literature, talk with colleagues, and participate in professional organizations or conferences to keep abreast of developments in neuropsychology
- Interview patients to obtain comprehensive medical histories
- Identify communicate risks associated with specific neurological surgical procedures like epilepsy surgery
- Educate supervise practicum students, psychology interns, or hospital staff
- Diagnose and treat neural and psychological conditions in medical surgical populations like patients with early dementing illness or chronic pain with a neurological basis
- Design or implement rehabilitation plans for patients with cognitive dysfunction
- Establish neurobehavioral baseline measures for monitoring progressive cerebral disease or recovery
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- Compare patient's progress before after pharmacologic, surgical, or behavioral interventions
- Diagnose treat psychiatric populations for conditions like somatoform disorder, dementias, and psychoses
- Diagnose and treat conditions involving injury to the central nervous system like cerebrovascular accidents, neoplasms, infectious or inflammatory diseases, degenerative diseases, head traumas, demyelinating diseases various forms of dementing illnesses
- Diagnose treat pediatric populations for conditions like learning disabilities with developmental or organic bases
- Conduct neuropsychological evaluations like assessments of intelligence, academic ability, attention, concentration, sensory-motor function, language, learning, and memory

Hcr Institute of Psychiatry

June, 2022 – Dec, 2022

Neuropsychologist

- Establish neurobehavioral baseline measures for monitoring progressive cerebral disease or recovery
- Compare patient's progress before after pharmacological, surgical, or behavioral interventions
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- Conduct neuropsychological evaluations like assessments of intelligence, academic ability, attention, concentration, sensory-motor function, language, learning, and memory

National Institute of Psychiatry

June, 2022 – Dec, 2022

Neuropsychologist

- Write or prepare detailed clinical neuropsychological reports using data from psychological or neuropsychological tests, self-report measures, rating scales, direct observations, or interviews
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-

The Gp Clinick, New Friends Colony Neuropsychologist

Feb, 2022 – Present

- Write or prepare detailed clinical neuropsychological reports using data from psychological or neuropsychological tests, self-report measures, rating scales, direct observations, or interviews
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- Provide education or counseling to individuals families
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- Conduct neuropsychological evaluations like assessments of intelligence, academic ability, attention, concentration, sensory-motor function, language, learning, and memory

G.Ram Publications Pvt.Ltd Psychology Editor and Team Lead

Aug, 2023 – Present

- Editorial work related to a project based on Child Psychology
- Conducted workshops for schools on mental health and psychology
- Trained new employees
- Trained subject matter experts for child psychology
- Writer for parents guide
- Writer for mental health book for classes 11 and 12
- Worked as team lead/HOD for psychology

Qualifications

- Bachelors and Masters (Clinical **Psychology with subjects experimental psychology and neuropsychology/Medical Psychology as main Elective**) 2015-2019

AIPS, Amity University

Noida, Uttar Pradesh

Linguistic Knowledge

Hindi (Native)

English (Fluent)

Arabic (Limited)

Professional Skills

- Knowledge of both Clinical and Neuropsychological Patient Assessment
- Observation Skills
- Research Skills
- Article and blog writing
- Exposure with TMS

Publications

Dissertation based on Forensic Psychology

Topic: Stalking Behavior and Psychological Well Being among Adolescents and Young Women

Article for India's first Psychology Magazine Namely;

PSYCHOLOGS

Topic: The effect of stalking behavior on psychological well being among females

Working on a school project for the publication of a research paper

Awards and Memberships

- Covid Warrior Recognition
- Letter of Gratitude of Covid Warrior
- Corona Warrior certificate from Iskcon Dwarka and TR Life Sciences
- Graphology and Hypnosis
- Workshop on De-Addiction
- Conducted Employee Wellness Program at Gram books
- **Member of Counselors Council of India (CRN7935953)**

References

1. Shri Hari Prasad

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2. Kamna Yadav

Registered Clinical Psychologist @Positive insight

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3. Dr Hemant Saluja

Family Physician and general practitioner

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4. Dr Priyanka Pathak

Consultant Psychologist @Shanti Ratan Foundation

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5. Waseem Qadri

Head HR@ Gram Books.pvt.ltd

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